

# Lunch & Early Evening

## UNTIL 6.30PM DAILY

IN A HURRY & NEED TO BE OUT QUICKLY? LET US KNOW (LOOK OUT FOR THE **Q** SYMBOL)

### ADD A STARTER £2.95

Smaller versions of our à la carte starters.

#### QUESADILLA

Tortilla, filled, folded, pan-toasted & served with roasted tomato salsa. Choose:

- **Garlicky mushroom, chilli, thyme & cheese** **V**
- **Spicy chicken, peppers, onion & cheese**

#### NACHOS **V** **Q** ask for **GF**

Home-cooked corn tortilla chips, with melted cheese, topped with pico de gallo salsa, jalapeños, roasted tomato salsa, soured cream & guacamole.

#### CHICKEN WINGS **Q**

Spicy hot chicken wings sauced-up with:

- Honey peri-peri / Spicy bbq jerk / Vivo; flaming hot habanero**

#### CHEESE & MANGO EMPANADAS **V**

Two crispy pasties filled with brie & mango, served with sticky chilli jam.

#### DADINHOS **V** **Q**

Our take on a Brazilian favourite, crispy cheesy cubes served with sticky chilli jam.

las  
**IGUANAS**

**GF** Gluten free **V** Vegetarian **VG** Vegan  
**N** Contains nuts/peanuts **A** Contains alcohol

We aren't responsible for stolen or lost items • Country of origin indicates style of cooking • We may need to change or withdraw this menu from time-to-time due to local events • Some dishes may contain bones • Our chicken, goat, duck & lamb are Halal • For parties of 5 or more, an optional 10% service charge will be added to your bill. 100% recycled paper, printed with vegetable-based inks 0418M iguanas.co.uk



### £7.75

#### ALBONDIGAS **Q**

Patagonian-style lamb meatballs with apple, mint, parmesan & a pinch of nutmeg. Braised in a rich tomato, mint & mild chilli sauce with spring onion rice.

#### VEGGIE CHILLI **V** ask for **VG** ask for **GF** **Q**

Sweet potato, squash & chickpeas braised in spiced tomatoes, with spring onion rice, soft wheat tortillas, pink pickled onion & soured cream.

#### VEGETABLE ENCHILADA **V** **Q**

Rolled flour tortilla stuffed with butternut squash, red peppers, spinach & cheese, with a smoky chipotle sauce on a bed of spring onion rice with refried beans & cheese.

#### BEAN & BEETROOT BURGER **V**

Black bean & beetroot burger with melted Emmental in a toasted brioche bun smothered in a creamy tomato & gherkin sauce, beef tomato & baby gem, creamy slaw & a choice of fries or salad.

#### FIESTA ENSALADA **V** **VG** **GF**

Roasted butternut squash, mixed leaves, carrot, cucumber, pink pickled onions, oven-dried tomatoes & fresh avocado, tossed in a poppy seed dressing. Topped with toasted pumpkin seeds, charred corn & roquito peppers.

**add Crayfish / Grilled chicken / Palm hearts** **V** **VG** **2.00**

#### **NEW** MINI CHILE DOGS **Q**

Two mini choripan; chorizo sausages in brioche buns, topped with caramelised onion, pink pickled onions, mustard aioli, crispy onions & chilli. Served with a choice of fries or salad.

### £8.75

#### CHICKEN ENCHILADA **Q**

Rolled flour tortilla with spicy chicken, pepper & onion with a smoky chipotle sauce on a bed of spring onion rice with refried beans & cheese.

#### BURRITOS

Wheat tortilla stuffed with chipotle rice, refried beans, crunchy slaw & cheese with salad, soured cream, guacamole & roasted tomato salsa on the side. Choose:

- **Sweet potato, butternut squash & chickpea chilli** **V**
- **Smoked chipotle chicken**

#### CUBAN SANDWICH

Roast pork belly, pulled pork, Emmental cheese & ham with sweet mustard & green pickle relish layered in our buttery toasted bun. With slaw & a choice of fries or salad.

#### CHILLI CON CARNE ask for **GF** **Q**

A rich chunky beef & black bean chilli, with spring onion rice & jalapeño buttermilk cornbread. Choose a spiced butter to melt into your chilli:

- **Mild - Cocoa & ancho chilli**
- **Medium - Smoky chipotle butter**
- **Hot - Habanero & pequin chilli**

#### **NEW** GREEN QUINOA SALAD **V** **VG** **GF**

Quinoa salad with avocado, lime, okra, coriander, sultanas & pink pickled onions on a bed of spinach with a poppy & pumpkin seed dressing.

**add Crayfish / Grilled chicken / Palm hearts** **V** **VG** **2.00**

#### CAULIFLOWER & CORN QUINOTTO

**V** **GF** A Peruvian-style quinoa risotto with smoked cheese, roasted cauliflower, charred baby corn & puffed quinoa.

### £9.75

#### BLAZING BIRD ask for **GF**

Our spicy half chicken marinated in fiery sauce, served with slaw & a choice of fries or salad. Sauced-up with:

- Honey peri-peri / Spicy bbq jerk / Vivo; flaming hot habanero**

#### HAVANA CLUB & BBQ GLAZED PORK RIBS **A**

Half a rack of fall off the bone pork ribs covered in a sticky rum glaze, topped with crispy onion & chilli, with slaw & a choice of fries or salad.

#### CLASSIC BEEF BURGER

100% prime short rib & chuck beef patty, in a toasted brioche bun with creamy tomato & gherkin sauce. With beef tomato, baby gem & caramelised onions. With slaw & a choice of fries or salad. (Prefer chicken? Just ask.)

#### MAKE YOUR BURGER DIRTY

Jalapeños, Chimichurri, each **1.00**  
Guacamole or Emmental cheese **V**

Brie **V**, Shredded chipotle beef, each **1.50**  
Smoked chipotle chicken,  
Smoky pork chorizo or Chilli con carne

#### ADD A DRINK (first glass or bottle only)

**WINE** 175ml Red or White **add 2.00**  
**BOTTLED BEER** Brahma **add 2.00**  
**SOFT** Coke, Diet Coke or Lemonade **add 1.95**

## Desserts

### CREAMY CARAMEL CAKE **V** ★ 5.00

Layers of soaked sponge drizzled with dulce de leche. Topped with caramelised cream & blueberries.

### CHURROS **V** three 4.95 six 7.95

Cinnamon-sugar dusted churros with dips for dunking. Served with a choice of chocolate ganache or dulce de leche (or both, if you order six).

### BANANA EMPANADA **V** ★ 5.25

Crisp pastry filled with banana, sweet plantain & dulce de leche. Served with vanilla ice cream & a drizzle of rum-flavoured syrup.

### PIÑA COLADA ICE CREAM **V** **GF** **A** 4.95

Three scoops of our Piña Colada ice cream.

### MANGO SORBET **V** **VG** **GF** 4.95

Three scoops of our mango sorbet.

### PIÑA COLADA MESS **V** **GF** **A** ★ 5.50

Piña Colada ice cream with caramelised pineapple salsa, crispy pineapple pieces & toasted coconut chips.

### DULCE DE LECHE MACADAMIA CHEESECAKE **V** **N** 5.75

Creamy cheesecake with roasted macadamia nuts & dulce de leche caramel sauce.

### TEMBLEQUE **V** **VG** **GF** 4.75

A creamy, set coconut pudding with mixed berries & mango purée.

### AZTEC CHOCOLATE FUDGE BROWNIE **V** ★ 5.50

Warm, spiced chocolate orange sponge brownie. With vanilla ice cream.

### NEW BRAZILIAN BRIGADEIRO ICE CREAM **V** 4.95

Three scoops of rich chocolate fudge ice cream with dulce de leche sauce & crispy chocolate sprinkles.

★ PIMP YOUR DESSERT! ADD 25ML OF HAVANA CLUB ESPECIAL RUM FOR £2 **A**

**GF** Gluten free **V** Vegetarian **VG** Vegan  
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## MOCKTAILS

Buy one glass & get the same one free during Happy Hour. Ask your server for more details.

### CITRUS COOLER 3.95

Fresh citrus, lemonade.

### TROPICAL COOLER 3.95

Mango, pineapple, lime, lemonade.

### RASPBERRY COOLER 3.95

Funkin raspberry, bottlegreen elderflower, soda.

### LULO & AGAVE COOLER 3.95

Colombian lulo citrus, agave, soda.

### NEW GUAVA COOLER 4.95

Funkin guava, agave, lime, coconut water.

### VIRGIN PIÑA COLADA 4.95

Pineapple juice, coconut cream.

### PASSION FRUIT COOLER 4.95

Passion fruit, lemon, orange.

### NEW BANANA COOLER 4.95

Funkin banana, mango, lemon, vanilla, soda.

### APPLE MOJO-LESS 4.95

Mint, lime, apple, soda.

### NEW BANANA GINGER BEER 4.95

Funkin banana, ginger.

## TEAS & COFFEES

The finest single estate coffee.

Rainforest Alliance certified.

### ESPRESSO 2.40

### AMERICANO 2.50

### CAPPUCCINO 2.75

### LATTÉ 2.75

### MOCHA 2.75

### CHOCOLATE CALIENTE 2.75

### MATE 2.20

Stimulating Argentinean infusion.

### TEA 2.20

Ask for our selection.

## SOFT DRINKS

### COCA-COLA 3.30

The iconic glass bottle. 330ml.

### DIET COKE 3.20

The iconic glass bottle. 330ml.

### COCA-COLA By the glass. 2.85

### DIET COKE / COKE ZERO / LEMONADE By the glass. 2.75

### GUARANA 2.50

Brazilian soft drink with guarana extract.

### APPLETISER 2.50

100% apple juice with a touch of sparkle.

### TING 2.50

Grapefruit soda.

### JUICES 2.50

Pineapple, Cranberry, Mango, Apple, Pomegranate, Watermelon, Freshly squeezed orange juice or Vita Coco coconut water

### BELU SPARKLING / STILL WATER 1.95

Mineral water with ethics. Belu give all of their profits to Wateraid. UK sourced & bottled in recycled glass.

## CORTADOS

'Cortada' literally means cut. In our range of Cortado Coffees we cut the finest Latin American espresso, layered with thick condensed sweet milk & topped with a silky foam.

### CORTADO CONDENSADA 2.95

Espresso 'cut' with condensed milk & silky foamed milk.

### SPICED CARIBBEAN CORTADO **A** 3.95

Our standard Cortado Condensada spiked with dark rum, vanilla liqueur & aromatic bitters.

### CHOCOLATE CORTADO **A** 3.95

Espresso sweetened with condensed milk & premium chocolate liqueur, topped with luscious foam.

### MAGNIFICENT MEXICAN CORTADO **A** 4.95

Super premium Patron Tequila & Patron XO Café are added to the classic cortado.